



## COUNSELING & THERAPY



Specializing in working with individuals who have intellectual & developmental disabilities:

Anxiety & Depression
Grief & Loss
COVID-19 & Isolation Challenges
Transitions & Life Changes
Family Dynamics & Relationships
Self-esteem & Confidence
Coping Skills & Strategies





Ali Nyman, L.C.S.W.

Some insurance plans accepted. Financial assistance & sliding scale private pay options available for eligible families

For more information, please email hello@remarkableclub.com or call 954-228-4984



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